

Code of conduct – Members (Athletes)

As a responsible athlete and member of the Birmingham Swifts, I will:

- Respect the rights, dignity and worth of every member of the Birmingham Swifts and others involved in athletics, and treat everyone equally, regardless of sexuality, race, gender, ability, religion or any other reason;
- Be aware that I represent the Birmingham Swifts and not bring the club into disrepute;
- Uphold the same values of sportsmanship off the field as I do when engaged in athletics;
- Cooperate fully with others involved in the sport such as coaches, run leaders, technical officials and representatives of the governing body, in the best interests of the yourself and other athletes;
- Consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited or age-inappropriate substances;
- Anticipate and be responsible for my own needs including being organised, having the appropriate equipment and being on time;
- Inform my coach or run leader of any other coaching that I am seeking or receiving, or of any injuries I may be suffering from;
- Appreciate that run leaders, coaches, officials and Birmingham Swifts committee members are acting on a voluntary basis.

When participating in an athletics event, including a training/coaching session or competition, I will:

- Act with dignity and display courtesy and good manners towards others both, whether or not they are a member of the Birmingham Swifts;
- Avoid swearing and abusive language, as well as irresponsible or dangerous behaviour including behaviour, including acts of violence, physical and sexual abuse, bullying, and harassment;
- Challenge inappropriate behaviour and language by others, either directly or by reporting it to the Birmingham Swifts committee;
- Never engage in any inappropriate or illegal behaviour;
- Avoid destructive behaviour and treat venues with respect;
- Not carry or consume alcohol to excess and/or illegal substances;
- Avoid carrying any items that could be dangerous to myself or others, excluding athletics equipment used in my athletics activity.